

# **SOUTHERN HIGHLANDS COMMUNITY MENTAL HEALTH CENTER**

## **POLICY AND PROCEDURE MANUAL**

**Date of Issue:** 4/19/17

**Section Number** 603

**Date Revised:**

### **Policy 603 – OBMAT Medications**

#### **Approved Medications**

The SHCMHC OBMAT program shall use only those medication-assisted treatment medications that are approved by the Food and Drug Administration under section 505 of the Federal Food, Drug and Cosmetic Act, 21 U.S.C. § 355, for the use in treatment of substance use disorders.

The state opioid treatment authority is responsible for reviewing, monitoring, and approving, when applicable, practice guidelines for alternative treatments as they become available. The guidelines shall be in conformance with any nationally recognized guidelines approved by the secretary. The SHCMHC OBMAT program is responsible for remaining in conformity with practice guidelines as issues or approved by the state opioid treatment authority.

#### **Prescriptions and Dosage**

The SHCMHC OBMAT program shall have a procedure through which the patient can discuss the prescriptions and dosages of medication he or she receives with appropriate staff members regularly and upon request. This procedure shall be clearly described to the patient.

A written explanation of the prescription dosing procedures shall be initialed and dated by the patient and maintained in the patient chart or treatment strategy. The medical provider may reflect discussion in their notes with the patient and document acknowledgement of the dose.

The maintenance dose of medication prescribed for a patient shall be individually determined by the medical provider and the patient. Adjustments upward or downward in dosage shall not be made either as punishment or reward, but shall be justified by the clinical documentation of the patient's condition, subjectively and objectively.

Dosages of medication shall be adjusted so that they ultimately:

- Prevent the onset of subjective and objective signs of opioid or substance abstinence syndrome for 24 hours or more
- Reduce or eliminate drug cravings
- Block the effects of illicitly acquired opioids without including persistent euphoric or other undesirable effects

The SHCMHC OBMAT program its physicians do not dispense or administer medication-assisted treatment drugs on site.

All prescriptions for medication-assisted treatment medications may be issued by electronic prescribing, whenever possible.

Prescriptions for medication-assisted treatment medications shall include full identifying information for the patient, including:

- Full name
- Physical address
- Diagnosis code for which the medication is being prescribed
- Drug name
- Strength
- Dosage form
- Quantity and directions for use
- The OBMAT program's registration number
- Prescribing program physician's regular DEA number and DATA 2000 identification number, if applicable